

Denton County Behavioral Health Leadership Team
January 19th, 2017
Meeting Minutes

Appointees Present: Brian Langley, Chief Lee Howell, Chief Russ Kerbow, Councilman TJ Gilmore, Dr. Bill Giese, Dr. Lisa Elliott, Dr. Matt Richardson, Dr. Nicki Roderman, Dr. Richard Valenta, Dr. Roxanne Del-Rio, Dr. Teresa McKinney, Elizabeth Ferring, Gary Seguin, Gary Fullerton, Joe Mulroy, Juan Rodriguez, Judge Barbara Gailey, Melinda Galler, Monya Crow

Ex officios present: Gary Henderson, Alex Reed

Appointees Absent: Cindy “Sanden” Daughthee, Commissioner Bobbie Mitchell, Craig Daugherty, Dr. Derrell Bulls, Dr. Kathryn Stream, Dr. Monica Mendez-Grant, Judge Coby Waddill, Louise Baldwin, Mayor Chris Watts, Prudence Sanchez

Meeting called to order at 8:11 a.m.

Welcome & Introductions:

Joe Mulroy provided the welcome and recognized guests.

Consideration of September meeting minutes:

The November 17th, 2016 meeting minutes of the Denton County Behavioral Health Leadership Team were reviewed and approved.

Motion: Dr. Lisa Elliott

Second: Councilman TJ Gilmore

Minutes approved as written.

DCBHLT Overview:

Dr. Teresa McKinney provided an overview of the Denton County Behavioral Health Leadership Team and the efforts of the team over the last year. Dr. McKinney began with a presentation of how a movement begins, with a leader generating interest leading to supporters and followers. Dr. McKinney highlighted that mental health needs are the most prevalent disability for individuals age 18 – 44. Emphasis was given to the necessity to remove stigma associated with mental health needs.

Dr. McKinney reviewed the mission, vision and structure of the DCBHLT. Throughout the presentation, Dr. McKinney highlighted the value of the collaboration with Meadows Mental Health Policy Institute to develop the model and the role of backbone support through United Way of Denton County. The continued need for increased mental health services and coordination of services was addressed through data provided.

Programmatic case studies were provided as illustrations of response to the need and impact of the community collaborative, collective impact model. The Veteran Community Navigator program funded through the Texas Veterans and Family Alliance grant program provided a direct reference of the need for Veteran mental health services, the response of the DCBHLT through system navigation case management providers and the metrics associated with the program. Dr. McKinney highlighted the necessary sustainability funding for the Veteran Community Navigator program. Alignment with the House Select Committee on Mental Health Interim Report to the 85th Legislature was demonstrated and emphasized.

Dr. McKinney also provided an overview of Denton County MHMR's Psychiatric Triage program, funded by the 1115 Waiver. The need for Psychiatric Triage services and outcomes associated were reviewed. Dr. McKinney noted if this service does not exist in our community without 1115 Waiver funding, we go backward as a community. Sustainability budget of \$812,000 per year provided to DCBHLT for review.

Dr. McKinney reviewed additional successes of the collaborative through the timeline review, including partnership with Okay to Say, expanded Mental Health First Aid, development of Juvenile Mental Health Court and additional successes documented in 2016 DCBHLT Annual Report.

Workgroup Reports:

Workgroup updates and highlights of individual workgroups were provided by the Chair (or workgroup representative) of each group. A formal written report and workgroup strategic goal was provided in the DCBHLT agenda packet.

A list of workgroup chairs is as follows:

- Veterans: Colonel Chris Martin
- Consumer: Elizabeth Ferring
- Housing: Terry Widmer
- Jail Diversion: Interim Dr. Teresa McKinney
- Mental Health Court: Tami Russell
- Child & Family Systems: Dr. Lisa Elliott and Laura Prillwitz, Co-chairs

During the workgroup reports, Laura Prillwitz provided an overview of the new Juvenile Mental Health Treatment Court that was instated in November 2016. Laura emphasized the value of family counseling throughout treatment. Dr. Lisa Elliott reviewed additional accomplishments of the workgroup in highlighting the expansion of NAMI Family to Family Support Groups, partnership with Okay to Say and the WATCH Coalition, Ranch Hand Rescue's children of Veterans program and Texas Systems of Care progress. Lisa and Laura encouraged community engagement through organizations becoming statewide partners of Okay to Say and engagement in Mental Health First Aid training.

Colonel Chris Martin provided an overview of the Veterans Workgroup, with emphasis on the Veteran Community Navigator program, Homeless Veterans Stand Down and proposed expansion of the VA behavioral health in Denton. Chris relayed an estimate of 20 Veterans experiencing homelessness in Denton. The Veterans Workgroup is actively engaged with the Denton County Homelessness Leadership Team to reach functional zero for Veteran homelessness in Denton.

Dr. McKinney provided a draft portion of the Law Enforcement Training Video produced by the Jail Diversion Workgroup. Alex provided an overview of the current efforts of Mental Health Treatment Court, noting the successful graduation of court participants. Alex provided information on justice involvement of individuals with mental health needs and cost savings demonstrated through diversionary courts, such as Mental Health Treatment Court.

Elizabeth Ferring noted the efforts of the Consumer Workgroup to engage in community outreach. Elizabeth highlighted the meaning of recovery for individuals with mental health needs.

Public Relations:

Chief Lee Howell updated the group on the Speakers Bureau presentations, noting over 2 dozen community presentations have been provided to date. Chief Howell highlighted the value of community engagement and shared knowledge, especially in combating stigma and increasing awareness.

Backbone Support Update:

Gary Henderson noted attendance of the Meadows Mental Health Policy Institute Engage and Excel Training in Austin, December 1st and 2nd. Gary Henderson, Alex Reed, Dr. Teresa McKinney and Pam Gutierrez attended the Engage and Excel presentation with agencies throughout the state working to address community mental health needs. Gary iterated the lack of backbone support providers identified through other state local mental health authorities. Gary commended the success of the DCBHLT and the truly collaborative approach of the appointees and represented agencies.

New Business:

Mr. Mulroy closed the meeting by emphasizing the accomplishments of the team to date. Mr. Mulroy also highlighted, as demonstrated through the metrics and indicated in the literature, funding is being spent surrounding individuals with mental health needs in reactivity. He outlined the shift from spending funding reactively to proactively generating a more efficient, accessible system of behavioral health services.

Public Comments: No public comments were received.

The meeting adjourned by consent at 9:47 a.m.

**Next Meeting: May 18, 2017 @ 8:00 a.m.
United Way of Denton County**

Secretary

Date